



Saturday Session

January 31st & February 21st, 2009

What is the TRiO/Upward Bound Math & Science Program?

The TRiO/UBMS Program is a pre-college program funded through TRiO Grants by the U.S. Department of Education with the purpose of assisting low-income, first-generation college-bound students further their education beyond high school.

TRiO/UBMS is designed to strengthen the math and science skills of participating students with the goal of helping them recognize and develop their potential to excel in those subjects and to encourage them to pursue STEM degree careers.

Services Offered

Academic Year

- After School Tutorials at each high school
- Saturday Sessions at COS
- Peer/Academic counseling and mentoring
- Study skills development
- Cultural Activities
- Financial Aid, Scholarship and College Application Workshops
- Educational, cultural and recreational field trips

Summer

- Six-week Summer Academy at COS
- Mathematics, science, study skills and other enrichment courses
- Educational, cultural and recreational field trips

TRiO/UBMS Saturday Session

On Saturday, January 31st and February 21st, 2009 the TRiO/UBMS Program held their monthly Saturday Sessions at College of the Sequoias. Students from Farmersville, Lindsay, Orosi and Woodlake high schools were brought on campus to attend Test Taking, Time Management and Study Skills Workshops facilitated by Ms. Tekla Vieira and Mrs. Mary Keller. The workshops also focused on ways to "Becoming a Master Student."

In January, Chief Masterson of the Campus Police came in and spoke to the students about making the right choices in order to achieve their goals in life.

In February, students participated in a series of Team Building activities. They worked in groups to solve a Sudoku puzzle and a maze. Their cardio and non-verbal skills were put to the test as they raced and passed different objects amongst them. The three-legged race proved to be the most difficult challenge of them all.

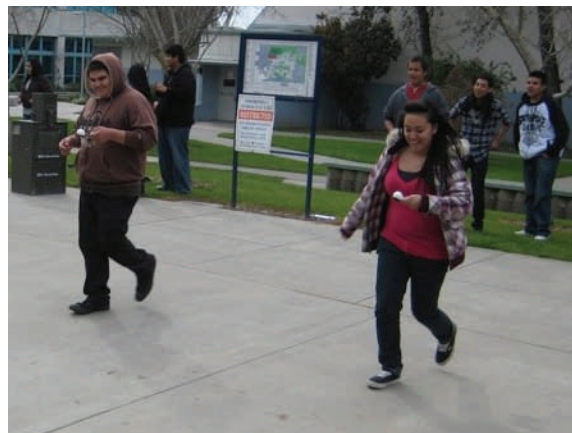
TRiO/UBMS Saturday Sessions are held once a month, so stay tuned to see what the Program has in store for the month of March.



TRiO/UBMS students and staff



Chief Masterson talks about the choice we make and how they affect our lives



Larry & Mirella test their hand-eye coordination while running with an egg on a spoon



Students discuss reaching goals



Vita and Darcy smile for the camera



Students discuss coping with fears



Jaleeza and Selene take a break...



...as Lupita listens intently



"I think an '8' goes in this box!"



Mrs. Keller explains the importance of Time Management



Lily, Julian & Estefany race for the finish line



What's another use for duct tape? Three-legged race!



"Okay, now a funny picture" - Ricardo